



FIRE SERVICE TRAINING
College of Engineering, Architecture and Technology

EMERGENCY MEDICAL SERVICES PROGRAM

Below is the Following Steps to become an American Heart Association CPR Instructor Candidates.

Heartsaver-BLS-ACLS-PALS-ASLS

1. The Candidate must be at least 18 years old.
2. Currently have a provider card in the disciplines for which they are interested in teaching.
3. Complete an Instructor Candidate Application for the accepting primary Training Center.
4. Complete an online Instructor Essentials course in the discipline in which they want to teach. After completion, an online certificate will be received, and they will bring it to the classroom portion.

Candidates will purchase this at the following address. <https://www.osufst.org/>

After clicking the link above you will need to go to the "Shop" dropdown in the center of the webpage towards the top. There you will click merchandise, which will bring you to a page that has all of the available Instructor Essentials for purchase.

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| ACLS Instructor Essentials Online | 20-1419 |
| BLS Instructor Essentials Online | 20-1420 |
| Heartsaver Instructor Essentials Online | 20-1418 |
| PALS Instructor Essentials Online | 20-1417 |

5. Complete a classroom Instructor Essentials course with hands-on session with any Training Center Faculty member.
6. Go to the AHA Atlas system at <https://www.atlas.heart.org/> and Sign Up if you do not have an account. You will affiliate with OSUFST at a later date.
7. If you have affiliated with OSUFST or plan to affiliate, please create a MYFST account. To do this you will go to <https://www.osufst.org/>, click "MYFST" in the top right hand corner, and then click "create an account"

If you need more information please contact

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